E9.23 [ONZ] Topics:balls.

Exercises

Prove that

 $B_o(x) \subseteq B_r(x_0)$ (9.23)

for every $x \in B_{\rho}(x_0)$ and for every $0 < \rho \le r - d(x, x_0)$.

Solution 1. [OPO]