

Lemma 3.120. [22S] Let $A \subseteq X$ be a not empty set. We recall these properties of the supremum.

1. If A has maximum m then $m = \sup A$.
2. Let $s \in X$. We have $s = \sup A$ if and only if
 - for every $x \in A$ we have $x \leq s$.
 - for every $x \in X$ with $x < s$ there exists $y \in A$ with $x < y$.

*This last property is of very wide use in the analysis!
The proof is left as a (useful) exercise.*

Solution 1. [22T]